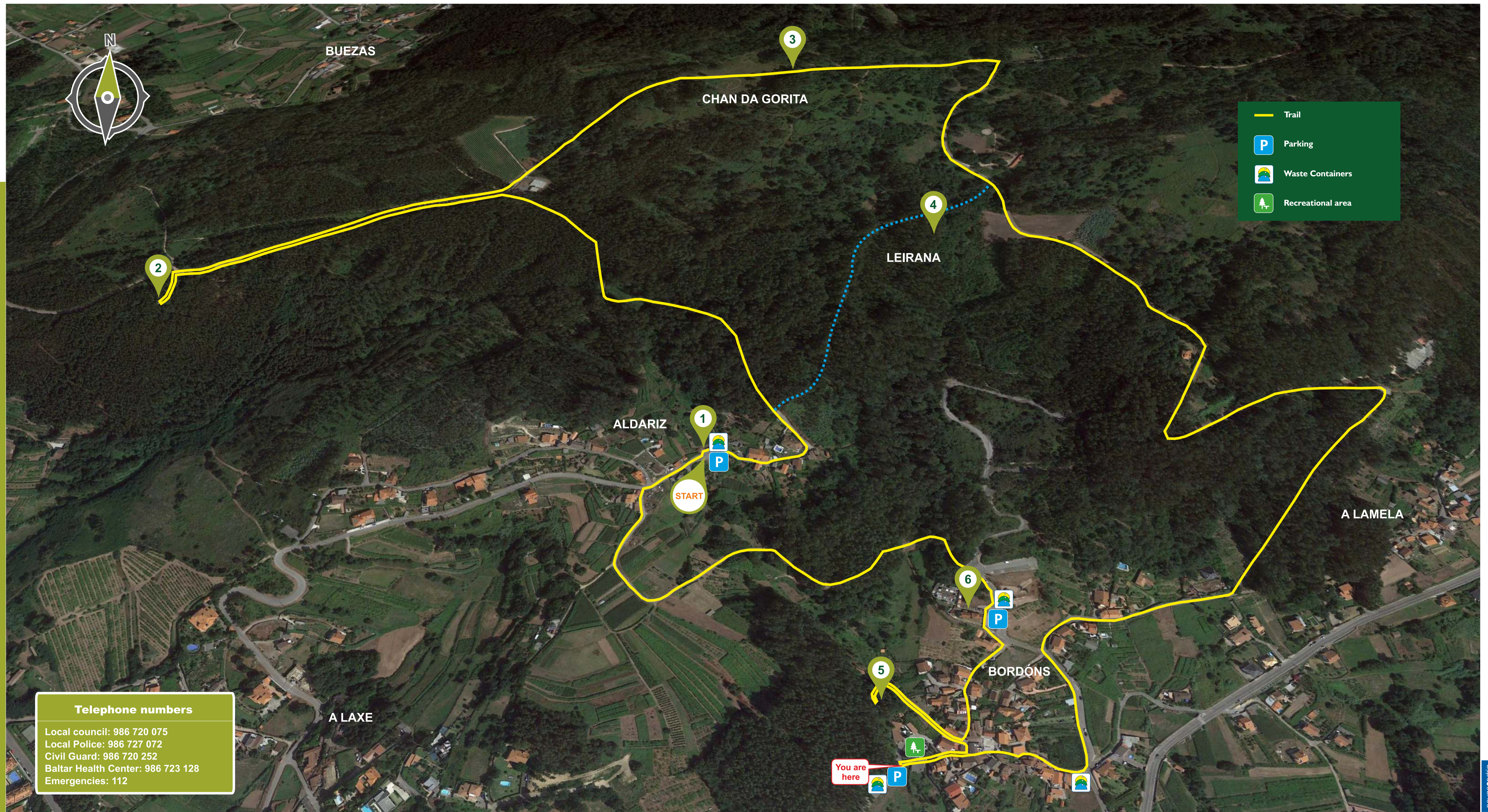




# ALDARIZ'S OAK GROVE ROUTE



**Telephone numbers**  
 Local council: 986 720 075  
 Local Police: 986 727 072  
 Civil Guard: 986 720 252  
 Baltar Health Center: 986 723 128  
 Emergencies: 112



**1 FOUNTAIN AND WASHING PLACE OF ALDARIZ**

Aldariz is one of the highest inhabited places in the parish of Padrián (Sanxenxo). Here we can see its famous fountain and washing place, as well as other examples of traditional architecture (granaries and old houses). Taking clockwise direction, we will climb towards the hill, entering the heart of nature, and we will be able to enjoy the most unknown areas of Sanxenxo.



**2 CON DA VENTUREIRA**

A large rock about 6 m high. It was formerly used by sailors as a geographical reference to orient their boats when they entered the estuary of Pontevedra, hence its other name Coast Rock. "Con da Costa" in Galician. It is part of the local mythology, providing a beautiful legend that tells us about a Moorish woman, guardian of an underground palace full of gold and other treasures...



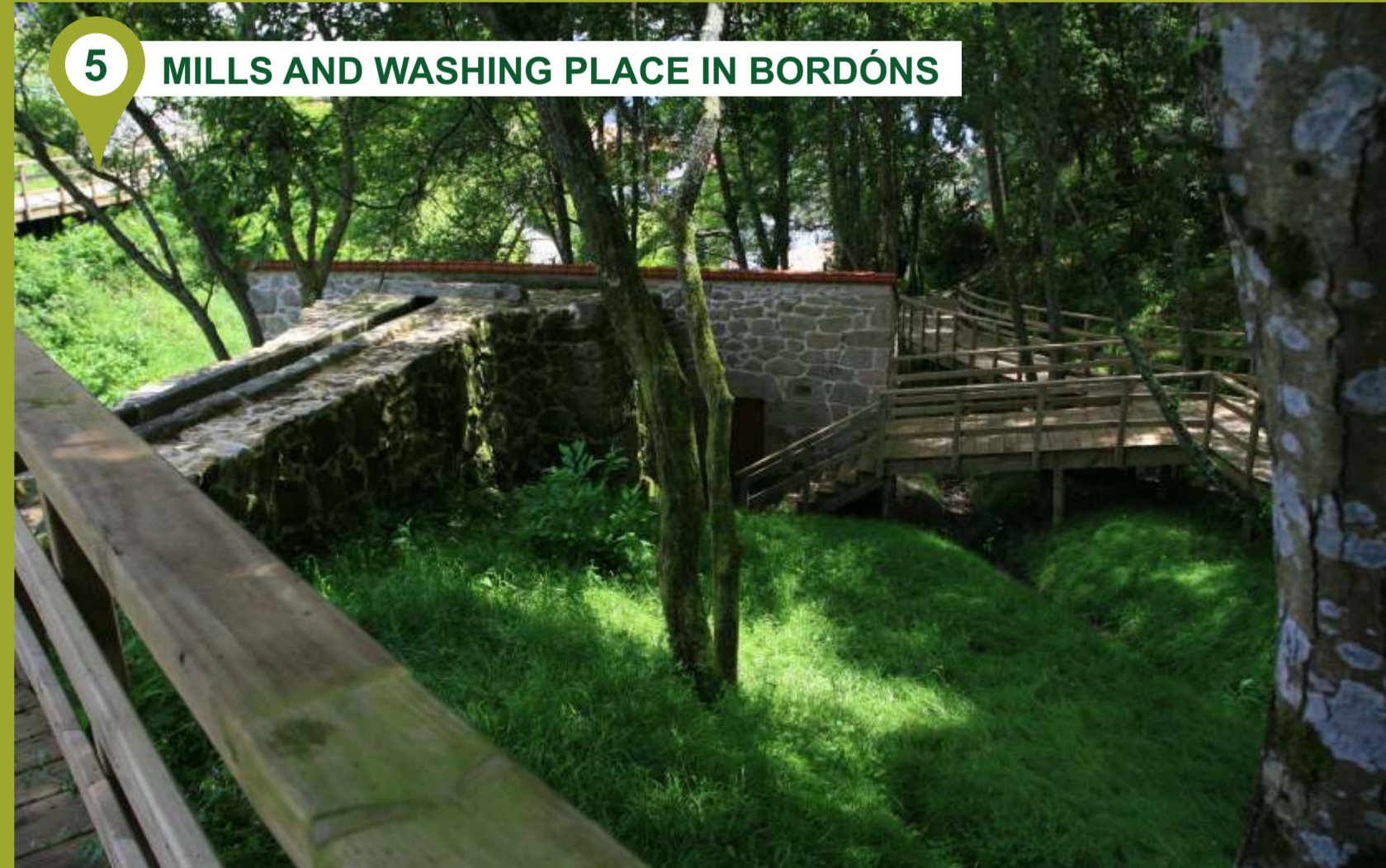
**3 CHAN DA GORITA**

At the highest point of the route we have a sample of a megalithic settlement called "Chan da Gorita", formed by several tumuli or burial mounds under which large stones were arranged in the form of an access corridor and chamber (in an almost circular form) for individual or collective burials which sometimes included grave goods (2000-1000 BC). Today they are covered by earth and dense vegetation, although looking at the protuberance of the land, with patience and intuition, can give us the key.



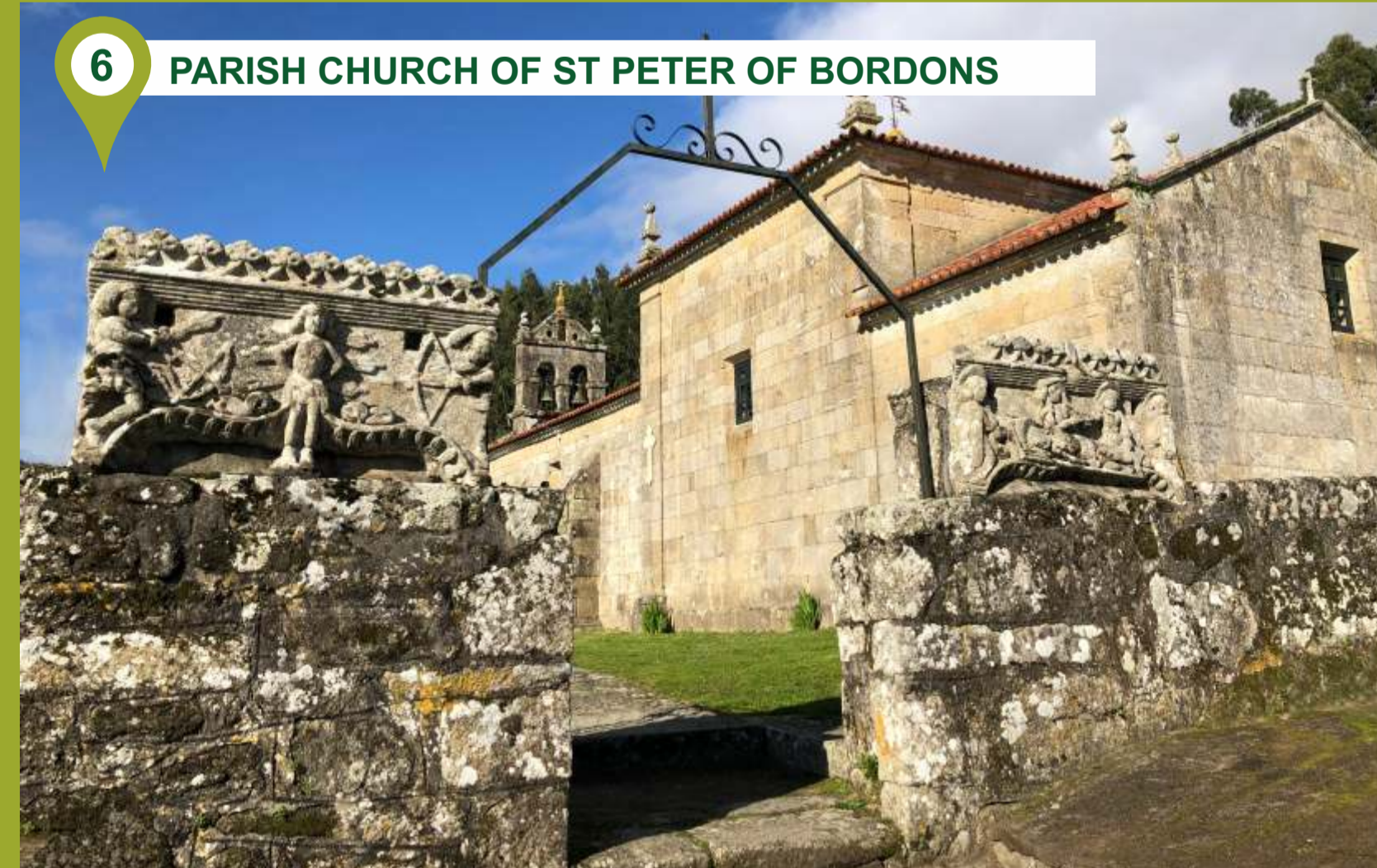
**4 THE OAK GROVE OF LEIRANA**

The oak grove of Leirana, in the heart of the route, is a place of great beauty that invites us to enjoy nature in all its fullness. The oak being the native tree of Galicia par excellence, it is worth identifying other species that make the flora of the place and the tranquility of the walk even richer. Along the route we will find the aforementioned oaks along with laurels, chestnuts, alder buckthorns, holy trees...



**5 MILLS AND WASHING PLACE IN BORDÓNS**

In the southernmost part of the route, in the lower part of the town of Bordóns, we can visit a water mill, several fountains and a washing place. The mill, with two wheels and a large channel, is of considerable size. Nearby another traditional mill is used for hospitality.



**6 PARISH CHURCH OF ST PETER OF BORDÓNS**

The surroundings of the church of St Peter of Bordóns offer a charm that accompanies the entire route. It includes a cemetery and a stone cross that constitute one of the most original manifestations of traditional Galician architecture. At the entrance to the enclosure, the reliefs of an ossuary stand out: St Sebastian shot with arrows occupying the keystone of an ogee arch and the Holy Sepulchre of Christ.

## ALDARIZ'S OAK GROVE ROUTE

A very short distance away from the town of Sanxenxo, this route starts from the small and unique village of Aldariz, which belongs to Padrián, one of the seven parishes of Sanxenxo. From the Aldariz fountain and washing place, about 300 m away, we will enter the path in the middle of nature, where wooded areas with different tree species stand out. But especially the oak; hence the name of this route. We will have the maximum concentration of oaks after leaving Chan da Gorita, one of the highest places in the municipality of Sanxenxo (234 m), arriving at the oak grove of Leirana, crossed by a stream. The orthophoto shows a section in discontinuous blue, we must follow it if we want to enjoy the wildest and most forested section.

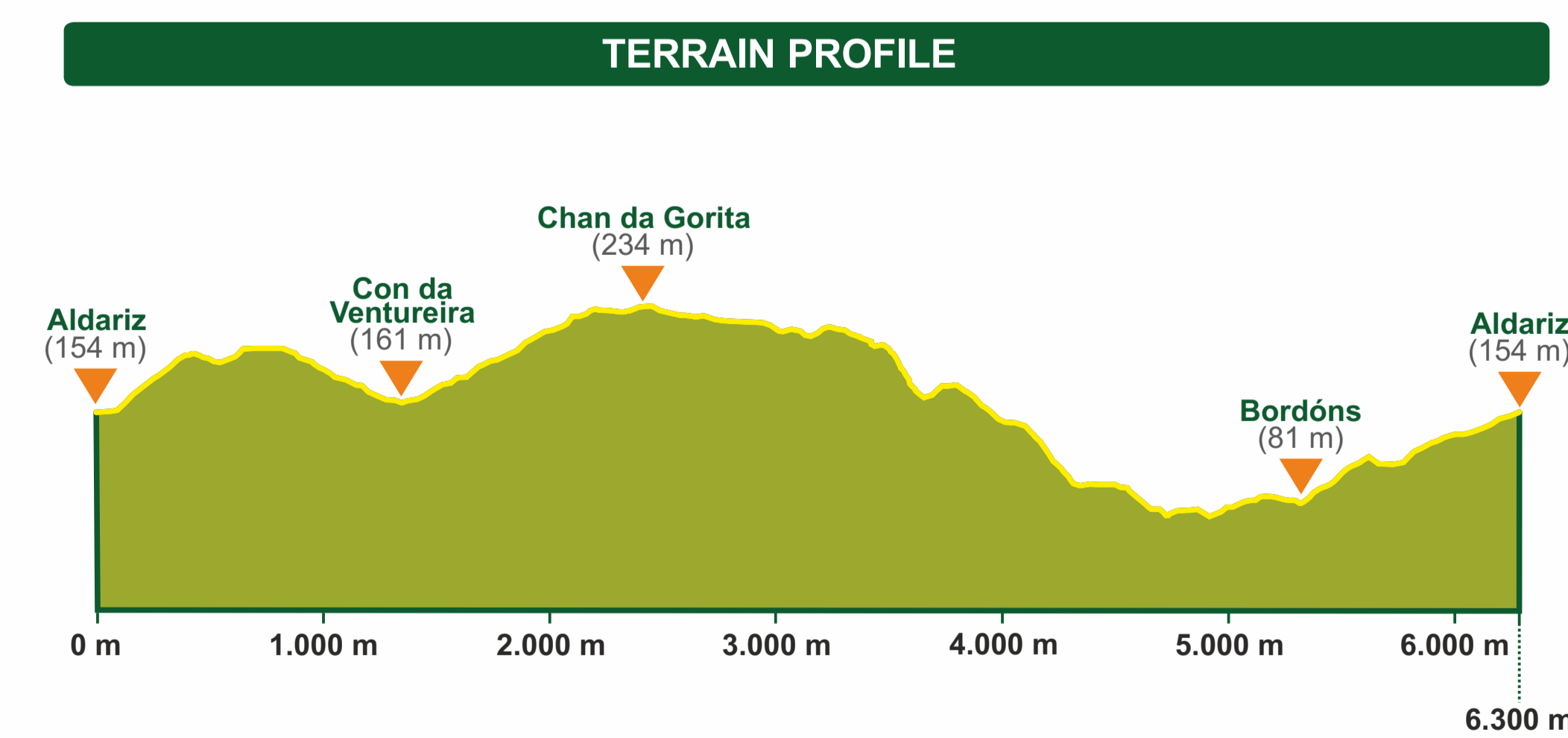
From Padrián we will go on to the parish of Bordóns. In this descending stretch, the walker will be blessed with spectacular views of the entire valley. In the background, the sea in its middle section of the Pontevedra Estuary, already approaching the Atlantic Ocean.

After passing by several spring fountains, we will reach the unique rural community of Bordóns, the lowest part of this route. In this quaint village we will be surrounded by cobbled streets, traditional houses, many of them restored with the original stonework, again several spring fountains, etc. In the lower part, a wooden walkway will take us to the bed of the stream, where a washing place and a large mill stand out. We cross the centre of Bordóns again, ascending this time, to reach the church of St Peter of Bordóns.

We have one last stretch left, this one gently ascending to reach the starting point, allowing us to indulge in the different types of terraced farmlands.

The total length of this route of medium difficulty is 6.30 km (in yellow).

The orthophoto-plan above shows that the total route (in yellow) is divided into two parts by a wilder section (in dashed blue). If we decide to do only this blue section together with the yellow north part, it would be 3,780 metres. If we do the blue section plus the yellow south part, it would be 4,020 metres.



## ROUTE INFORMATION

<b>ROUTE TYPE</b> Circular	<b>ESTIMATED DURATION</b> 1h 30m	<b>LENGTH (ROUND WALK)</b> 6.300 m
<b>DIFICULTY</b> Medium	<b>MAXIMUM HEIGHT</b> 234 m	<b>MINIMUM HEIGHT</b> 72 m

<b>SIGNAGE</b>	
	Continuity

**WHAT ARE THE BLUE TRAILS?**  
 The Blue Trails programme is an initiative promoted and developed by the Association of Environmental and Consumer Education (ADEAC in Spanish). The objective of the programme is to reward, through the Blue Trail Award, the recovery and enhancement of trails and itineraries throughout the national territory, transformed into valuable resources for environmental interpretation and the enjoyment of nature. The Blue Trails are ideal places for environmental awareness, understood as a tool that contributes to social change.

The ADEAC Blue Trails allow, therefore, to highlight both the conservation of already humanized environments and the interpretation of natural and cultural heritage, using the Blue Trails as resources for conservation and environmental education by way of carrying out recreational, sports, tourist and leisure activities.

